



Creating Lifelong Success

Preparation for High School and the Challenges and Opportunities to Come

Middle school can be a tough time for both students *and* parents.

Bridges is designed to help parents help their kids manage the demands of middle school and prepare them for a life-time of success.

HOW IT WORKS

- Parents attend **4 meetings** led by trained leaders
- Parents learn new ways to **motivate, guide** and **support** their teens to succeed in school and in life.
- Research shows that these skills are related to **reduced parent-teen conflict, improved family relationships, strengthened parenting skills, and less distress for parents** PLUS improved student success down the road, including **improved grades** and school motivation, higher rates of **high school graduation, fewer discipline and emotional problems, and less teen drug and alcohol use.**

CONTACT US TO REGISTER & LEARN MORE



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