

Referral Information

Training Clinic: Providers at the UNCG Psychology Clinic are graduate students pursuing a PhD in Clinical Psychology, under the supervision of licensed psychologists and health service providers in North Carolina. Supervision consists of digital recording of sessions and close monitoring of service to ensure we are providing the highest quality of care to our clients. We emphasize time-limited, evidence-based treatment, which means that in the majority of cases treatment will last for 16 sessions or less.

Services: We provide individual and group therapy for children, families, and adults. We also offer comprehensive psychological evaluations for cognitive, educational, emotional, and behavioral difficulties in children and adults. UNCG-affiliation is not required!

- As of October 2024: We have **immediate availability for child and adolescent therapy clients**, including parenting support! Child/adolescent assessment wait time is approximately 1-3 months. Adult therapy client wait time is approximately 2-3 months. Our waitlist for adult assessments (ages 18+) is over 6-months long, so we are *currently* only accepting UNCG students for this service (to facilitate academic accommodations). Please contact us in January/February 2025 for an update on adult assessments, as more providers will be available in Summer 2025.

Billing: We can accept Medicaid Direct and Medicaid managed by Trillium Health Resources or HealthyBlue (but no other managed care organizations at this time). Not all our providers are credentialed, so our ability to accept Medicaid referrals depends on provider availability. We are currently out of network with all private insurance companies. If you wish to use insurance, we can provide you with a Superbill (i.e., itemized list of all services provided to a client) that you may submit directly to your provider for potential reimbursement. You will be responsible for paying the full-service fees and may be reimbursed by insurance per their policy. Alternatively, as we are committed to increasing access to mental health services for underserved individuals and families through providing affordable, high-quality services, all clients have the option to apply for financial assistance. (NOTE: Superbills cannot be provided for individuals receiving discounts from their UNCG status nor Financial Assistance Scale).

Fees: All interested clients must complete a screening to determine whether our clinic can provide the necessary services. The standard fee for a screening appointment is \$20 and is waived for individuals with Medicaid. The standard fee for therapy services is \$105 per hour for clients who do not qualify for financial assistance (or who choose to submit a Superbill to their private insurance company), though sliding scale rates may be as low as \$20/session. Testing services have a flat fee of \$1365, though sliding scale rates may be as low as \$260. UNCG students, faculty, and staff receive screenings and services at discounted rates.

Referral Process:

1. Submit potential client interest in one of 3 ways:
 - a. Fill out the following client interest form: <https://hushforms.com/psyclinic-7110>
 - b. Call us directly at 336-334-5662
 - c. Submit client information on THIS FORM and fax to 336-334-5754
2. Our clinic staff will contact the client to obtain electronic paperwork and client information
3. A clinician will contact the client to schedule a brief, 1-hour virtual (telehealth) screening session

Once the screening is completed, clients will either be added to our clinic waitlist or, if the client would be better served in an alternate setting, referred to another agency or provider.

Thank you for your interest in referring client(s) to our clinic!