

## Referral Information

**Training Clinic:** Providers at the UNCG Psychology Clinic are graduate students pursuing a PhD in Clinical Psychology, under the supervision of licensed psychologists and health service providers in North Carolina. Supervision consists of digital recording of sessions and close monitoring of service to ensure we are providing the highest quality of care to our clients. We emphasize time-limited, evidence-based treatment, which means that in the majority of cases treatment will last for 16 sessions or less.

**Services:** We provide individual and group therapy for children, families, and adults. We also offer comprehensive psychological evaluations for cognitive, educational, emotional, and behavioral difficulties in children and adults. UNCG-affiliation is not required!

**2025-2026:** Short wait time for **child and teen therapy**, and **parenting support**!

**Billing:** We can accept Medicaid Direct and Medicaid managed by Trillium Health Resources or Healthy Blue (but no other managed care organizations at this time). Not all our providers are credentialed, so our ability to accept Medicaid referrals depends on provider availability. We are currently out of network with all private insurance companies. If clients wish to use insurance, we can provide a Superbill (i.e., itemized list of all services provided to a client) that they may submit directly to their provider for potential reimbursement. Clients will be responsible for paying the full-service fees and may be reimbursed by insurance per their policy. Alternatively, as we are committed to increasing access to mental health services for under-served individuals and families through providing affordable, high-quality services, *all clients have the option to apply for financial assistance* to determine a rate for services on our sliding scale. (NOTE: Superbills cannot be provided for individuals receiving discounts from their UNCG status nor Financial Assistance/Sliding Scale).

**Fees:** All interested clients must complete a screening to determine whether our clinic can provide the necessary services. The standard fee for a screening appointment is \$20 and is waived for individuals with Medicaid. The standard fee for therapy services is \$105 per hour for clients who do not qualify for financial assistance (or who choose to submit a Superbill to their private insurance company), though sliding scale rates may be as low as \$20/session. Testing services have a flat fee of \$1365, though sliding scale rates may be as low as \$260. UNCG students, faculty, and staff receive screenings and services at discounted rates.

### Referral Process:

1. Submit potential client interest in one of 3 ways:
  - a. **Online:** Fill out a **Client Interest Form:** <https://hushforms.com/psyclinic-7110>
  - b. **By phone:** Call us directly at **336-334-5662**, or
  - c. **By fax:** Send client information with [the form linked here](#) & **fax** to 336-334-5754
2. Our clinic team will call the client, usually within 3 business days, to obtain electronic paperwork and exchange more information
3. After receiving signed consents, a clinician will contact the client to schedule a brief, 1-hour virtual (telehealth) screening session to determine if our clinic is a good fit for the requested service.

Once the screening is completed, clients will either be added to our clinic wait-list for the next available provider or, if they would be better served in an alternate setting, referred to another agency/provider.

More information about our clinic and services can be found on our website at [psy.uncg.edu/clinic](https://psy.uncg.edu/clinic)

**Thank you for your interest in referring client(s) to our clinic!**

Ilana S. Berman, Ph.D.  
UNCG Psychology Clinic Director